

**START →**



1. Wet hands



6. Turn off  
taps with  
towel



5. Towel dry

## **HAND WASHING STEPS**



2. Soap  
(20 seconds)



3. Scrub backs  
of hands, wrists,  
between fingers,  
under fingernails.



4. Rinse

**Proper Hand Washing is  
Essential to Good Health!**